

MESSAGE Laws Across the USA

States without a Massage Law

Kansas
Minnesota
Vermont
Wyoming

(Reflexology is
not regulated and
not licensed under
massage)

32 States Exempting

Alaska
Arizona
California
Colorado
Georgia
Idaho
Illinois
Indiana
Iowa
Kentucky
Maine
Maryland*
Massachusetts
Michigan
Minnesota~
Missouri
Montana
Nevada
New Hampshire
New Jersey
New Mexico
North Dakota
North Carolina*
Oklahoma#
Oregon*
Pennsylvania
Rhode Island*
South Dakota
Tennessee
Texas+
Utah
Washington
Wisconsin

* Based on reflexology
being considered energy
work

~ Under Health Freedom
of Access law

+ Under Massage Board's
FAQ page

Title law only protecting
the term "massage"

States with Reflexology Laws

North Dakota - 1992
(Licensing law)

Tennessee - 2001
(Registration law)

New Hampshire - 2010
(Licensing law with
2 other disciplines)

Washington - 2012
(Licensing law with
massage)

Nevada - 2017
To be effective 2018
(Licensing law with
1 other discipline)

Note:

Massage Law. In order to practice legally in those states with a massage law and no exemption, reflexology is often licensed under massage through the broad definition of massage contained in the law. Reflexologists will need to check with the massage board and its rules and regulations to determine if reflexology is covered and abide accordingly.

Where reflexology is exempt from the state massage law (either by exact use of the word reflexology or wording indicating "work restricted to the feet, hands and outer ears"), the reflexologist must abide by local rules and regulations of the city or county and have a license to do business.

ARCB/RAA
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