

Claire Guy, BS, LMT, NBCR

A lifetime Maine resident with a BS in Education, Claire began her career as a teacher in the public school system. She then worked in the business sector as co-owner of a computer consulting firm where teaching business owners a variety of software programs was her main focus.

When Claire followed her heart and attended massage therapy school, became a Reiki Master, then acquired reflexology certification, her transformational career began. Soon she was back to teaching – Reiki and massage. In 2017, Claire opened SoleWise School of Reflexology, a state certified reflexology school in Maine. Along with the full reflexology certification program, Claire offers workshops and mentoring in reflexology.

Once becoming a reflexologist, it was important to Claire to become involved with significant organizations. She immediately joined Maine Council of Reflexologists (MCR) as well as RAA. She currently is VP as well as the newsletter editor for MCR and is Secretary to the National Council for Reflexology Educators Board.

