



Conference Schedule (*all times listed in Eastern Time*)

Friday, April 23rd, 2021

Day 1

10:45 am – 11:00 am	Login to Virtual Conference Platform
11:00 am – 11:20 am	Conference Welcome, Information with EMCEE Bernette Todd
11:20 am – 11:25 pm	Break
11:25 am – 12:25 pm	Speaker 1 Jane Sheehan: <i>Solestry (Foot Reading)</i>
12:25 pm – 12:35 pm	Break & Stretching
12:35 pm – 12:45 pm	RAA Board of Directors Update
12:45 pm – 1:45 pm	Speaker 2 Chantel C. Lucier: <i>The Principles of Balance: Integrating Practical and Metaphysical Perspectives in Reflexology</i>
1:45 pm – 2:35 pm	Lunch
2:35 pm – 2:40 pm	Mini Meditation
2:40 pm – 3:40 pm	Speaker 3 Barbara Brower: <i>Strategies to Grow a Thriving Practice</i>
3:40 pm – 3:50 pm	Break & Stretching
3:50 pm – 4:15 pm	'Meet the Speakers' in 7 Breakout Rooms: Jane Sheehan, Chantel C. Lucier, Barbara Brower, Lorraine Senior, Stefanie Sabouchian, Greg Irwin, Mauricio Kruchik
4:15 pm – 4:20 pm	RAA Online Event-Series Announcements
4:20 pm – 4:30 pm	Closing words of the day
4:30 pm – 5:00 pm	Breakout Rooms open for Social Coffee/Tea & Shopping & State Photos Group I & II

Saturday, April 24th, 2021

Day 2

10:45 am – 11:00 am	Login to Virtual Conference Platform
11:00 am – 11:10 am	Conference Welcome, Announcements
11:10 am – 12:10 pm	Speaker 1 Lorraine Senior: <i>Connecting with Communication Issues & Information Processing Disorders</i>

12:10 pm – 12:20 pm	Break & Stretching
12:20 pm – 1:20 pm	Speaker 2 Stefanie Sabouchian: <i>Ear Reflexology for Anxiety & Depression</i>
1:20 pm – 1:30 pm	Break & Stretching
1:30 pm – 1:40 pm	ARCB Board of Directors Update
1:40 pm – 1:50 pm	NCRE Board of Directors Update
1:50 pm – 2:40 pm	Lunch
2:40 pm – 2:45 pm	Mini Meditation
2:45 pm – 3:45 pm	Speaker 3 Greg Irwin: <i>Connecting Hand Fitness with the Reflexologist</i>
3:45 pm – 3:55 pm	Break & Stretching
3:55 pm – 4:20 pm	‘Meet the Speakers’ in 6 Breakout Rooms: Jane Sheehan, Chantel C. Lucier, Lorraine Senior, Stefanie Sabouchian, Greg Irwin, Mauricio Kruchik
4:20 pm – 4:30 pm	Closing words of the day
4:30 pm – 5:00 pm	Breakout Rooms open for Social Coffee/Tea & Shopping & State Photos Group III & IV

Sunday, April 25th, 2021

Day 3

10:45 am – 11:00 am	Login to Virtual Conference Platform
11:00 am – 11:10 am	Conference Welcome, Announcements
11:10 am – 11:30 am	AWARDS
11:30 am – 11:35 am	Break & Stretching
11:35 am – 12:35 pm	Speaker 2 Mauricio Kruchik: <i>LOVE THE LOBES - The infinites possibilities of stimulating brain function.</i>
12:35 pm – 12:45 pm	Break & Stretching
12:45 pm – 12:55 pm	Legislative Update
12:55 pm – 1:20 pm	‘Meet the Speakers’ in 5 Breakout Rooms: Jane Sheehan, Lorraine Senior, Stefanie Sabouchian, Greg Irwin, Mauricio Kruchik
1:20 pm – 1:40 pm	RAFFLE & Announcements
1:40 pm – 1:55 pm	Board & Volunteer Appreciation
1:55 pm – 2:10 pm	Close of Conference Ceremony
2:10 pm – 2:40 pm	Breakout Rooms open for RAA, ARCB, NCRE Q&A/Networking