

Geraldine Villeneuve

Geraldine's inspiring teaching style passionately guides students to understand how the practice of Structural Reflexology® meets its primary goal of relieving stress in the feet and the body by using local and reflexive approaches.

Geraldine holds a Bachelor of Science in therapeutic recreation and is a licensed massage practitioner specializing in injury remediation. She received a prestigious award at the 2019 International Council of Reflexologist Conference in Alaska for "Significant Contribution in the Field of Reflexology in Research." She is also the recipient of the "Excellence in Education" award given to her by the Reflexology Association of America in 2021.

Geraldine has spoken in a variety of health care forums on integrating reflexology with foot function and continues to introduce Structural Reflexology around the world.

Geraldine's popular first book, *Put Your Best Feet Forward*, has been received favorably by both health care professionals and the layperson.

Her newest book *Free-Range Feet: Wisdom to Walk Through Life with Ease Using Structural Reflexology®* will be published soon.